EPES Transport

3400 Edgefield Ct. Greensboro, NC, 27409 Phone: 877-614-4213

Web: www.epestransport.com



DRIVER ORIENTATION-GSO

Orientation Invitation

Your Hire/Contract date will be on the date you are RELEASED from Orientation. Our goal is to release you on the 3rd day, as early as possible. Please read the following checklist to help ensure timely release;

- 1. I have asked my recruiter the status of application What is pending? (References, background, etc.)
- 2. I have notified Epes of all accidents/incidents
- 3. I have notified Epes of all jobs to include orientations for 5 years, 10 if driving jobs.
- 4. I have notified Epes of all charges/ pending charges –(Criminal, Alcohol, Drug, Reckless Driving)

Greensboro Orientation Hotel Information

Hawthorne Suites 7623 Thorndike Rd. Greensboro, NC 27409 336-454-0078



I-40 East: Exit 210. Right at the light onto 68 South. Next Right onto Thorndike Rd. Hotel will be on the left.

I-40 West: Exit 210. Left at light onto 68 South. Turn right at 2nd stoplight onto Thorndike Rd. Hotel will be on the left.

Check in to the hotel any time after 3pm the day before orientation

Monday morning - Be in the Lobby at 7:30am, transportation will be provided to the terminal for orientation- Start time is 8am.

Terminal Location - Orientation

3306 Edgefield Rd. Suite B, Greensboro NC

- I-40 E OR W TO HWY 68 N WHEN ROAD TURNS INTO 2 LANES TURN RIGHT AT LIGHT onto Edgefield
- Epes Orientation will be on the right just past the Citgo. Follow the signs for Orientation / Parking and entrance in the back of the building.

Orientation starts at 8:00am each day



Bus Arrivals (Company Drivers)

If you are arriving on a Bus, Please call our taxi service before you leave to arrange travel for when you arrive at the Greensboro terminal.

TAXI - 888-336-0132

Identify yourself as an Epes Transport driver, and they will bring you to the hotel.

Rental Cars (Company Drivers)

If you have a rental car please tell the hotel front desk upon arrival. The hotel van will guide you to the rental car return location and bring you back to the hotel.

Be in the hotel lobby at 7:30 Monday morning to ride in hotel van to orientation facility.







Company Drivers

Needs on First Day of Orientation

Please bring with you, and have completed upon arrival to Greensboro:

- 1. Bring your class A CDL
- 2. Bring a Social Security Card, a form of ID (with picture) and an employment eligibility document (ex. certification of birth). Additional information will be provided.
- 3. School certificate if graduate of Tractor trailer school / or refresher course
- 4. TWIC card or Passport/card if applicable
- 5. Bring all paperwork your recruiters asked you to bring. Any gaps over 3 months of employment will need to be filled with unemployment / wage and income/ tax papers etc.
- 6. Accident reports, and copy of original tickets if requested
- 7. Date of Birth and SSN for any dependents you will add to insurance
- 8. Voided check or bank account number/routing number for direct deposit.
- 9. Any information you may need at the Clinic for your DOT Physical
- 10. Address of where you will be parking your truck/trailer during home time. Epes requires truck and trailer to stay attached at all times during home time.

Orientation Pay

\$125.00 orientation pay will be paid to all hired company drivers and Independent Contractors after the completion of the first dispatch or first day of local/dedicated work and will be paid out on driver's first paycheck.

Independent Contractors

If you are an Independent Contractor please be sure to bobtail your truck to the orientation facility Monday morning. Do not attempt to go through the guard gate on the main terminal yard. The Orientation Manager will give you the appropriate documents at the orientation facility before sending you to the terminal yard and shop for inspection.

Needs on First Day of Orientation

Please bring with you, and have completed upon arrival to Greensboro:

- 1. Bring your class A CDL
- 2. If Epes is providing you with a license plate you will need to bring a copy of your title and current 2290 Schedule 1 Receipt.
- 3. TWIC card or Passport/card if applicable
- 4. Bring all paperwork your recruiters asked you to bring. Any gaps over 3 months of employment will need to be filled with unemployment / wage and income/ tax papers etc.
- 5. Accident reports, and copy of original tickets if requested
- 6. Any information you may need at the Clinic for your DOT Physical
- 7. Address of where you will be parking Epes trailer during home time. Epes requires truck and trailer to stay attached at all times during home time.

Orientation Pay

\$125.00 orientation pay will be paid to all hired company drivers and Independent Contractors after the completion of the first dispatch or first day of local/dedicated work and will be paid out on driver's first paycheck.

Orientation for Independent Contractors will conclude Tuesday at 5:00pm.

Orientation

MEALS - The hotel provides complimentary full hot breakfast beginning at 6:00 each morning as well as dinner Tuesday night. We provide your lunch each day. Epes reimburses \$10 for dinner Monday night.

**Orientation normally last 3 days if all information and testing is complete	
Day 1	Day 2 and 3
Road Test	Welcome
Physicals	Class time / training / safety / payroll
Drug Screens	Company tour
Paperwork	Onboarding

Online Orientation

Please complete this before arrival to Greensboro NC..

If you do not have a computer or are unable / let your recruiter know. **There are computers at the terminal but there will only be time on the last day after class is over.

Instructions for Epes Online Orientation

- 1. Go to http://www.safetyasaservice.com/epestransport
- 2. Enter your email address. Enter your password (the last four digits of you social security number)
- 3. Click on the course you intend to take, complete the course material and take the quizzes. You must receive an 80% or higher score to complete the quiz, if you do not you can choose one of these options "review quiz", or "retry quiz". Once you receive an 80% score then click on "finish" to record your score. You must complete all quizzes in the course to receive a completion.
- 4. One you finish a course then move to the next "assigned" course until you have completed all your assignments.

Resources

What to Bring to a DOT Physical Exam

All drivers

- Bring a complete list of ALL of your medications, including the doses and your doctors' names and addresses
- You may want to complete page one of the exam (driver's portion) to save time at the center

Drivers who require eyeglasses, contact lenses, or hearing aids

- · Bring your glasses, contacts, or hearing aids
- · You will be required to pass a vision and hearing test

Drivers who have high blood pressure

 Your blood pressure MUST be below 140/90 on the day of your exam or you may not qualify for a DOT card

Drivers who have diabetes

- · Your blood sugar should be controlled
- Bring the most recent results of a lab test called a Hemoglobin ALC (HgAIC) and your blood sugar logs or other records related to your diabetes

Drivers who have nighttime sleep disturbance (sleep apnea) and use a CPAP machine

- Bring a reading from your machine documenting your proper use of the machine; a letter from your sleep specialist may also be required
- Bring at least 90 days of data, but data from the past year is best

Drivers who have heart-related issues, (including the use of stent, valve replacement, pacemaker, open-heart surgery, cardiac bypass surgery, or heart attack)

- At minimum, bring a letter from your cardiologist (heart specialist) that outlines your medical history and current medications and indicates you are safe to drive a DOT vehicle
- You may also need to bring the results of a recent stress test, ECHO cardiogram, or other testing completed within the past 1-2 years

Drivers who have suffered a stroke, a brain tumor, seizure disorder, or bleeding in the brain

Bring a letter from your neurologist (brain and nerve specialist) that outlines your medical history, current medications, and current neurologic and psychiatric state

Drivers who have experienced the permanent loss of use in an arm or a leg

- Bring an overview from your physician of the injury and if you have any work restrictions due to the injury
- You may need a Skilled Performance Examination in order to qualify for your DOT card

Drivers who are taking any medications that may cause sedation or sleepiness or controlled substances (includes narcotics, sleeping pills, anxiety medication, ADHD medication)

 You will most likely need a note and medical records from your treating physician regarding the safety of driving a DOT vehicle while using these medications

Drivers who are taking the blood thinner Coumadin (Warfarin)

 Bring a recent INR (blood level and clearance) letter from your doctor

If you are uncertain if you will qualify for a DOT card, you may want to schedule a visit with your primary or specialty physician BEFORE your re-certification date. Each physical examination, just like each DOT applicant, is unique.

The above are guidelines only, and not meant to be all inclusive or as a guarantee of passing the exam. Additional testing or/information may be required by your DOT examiner.

Concentra^{*}

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Questions or Problems

Please call your recruiter M-Friday 8am to 5pm 800-735-9063 After hours and weekends call 336-602-5457

TRAVEL SAFE!!





